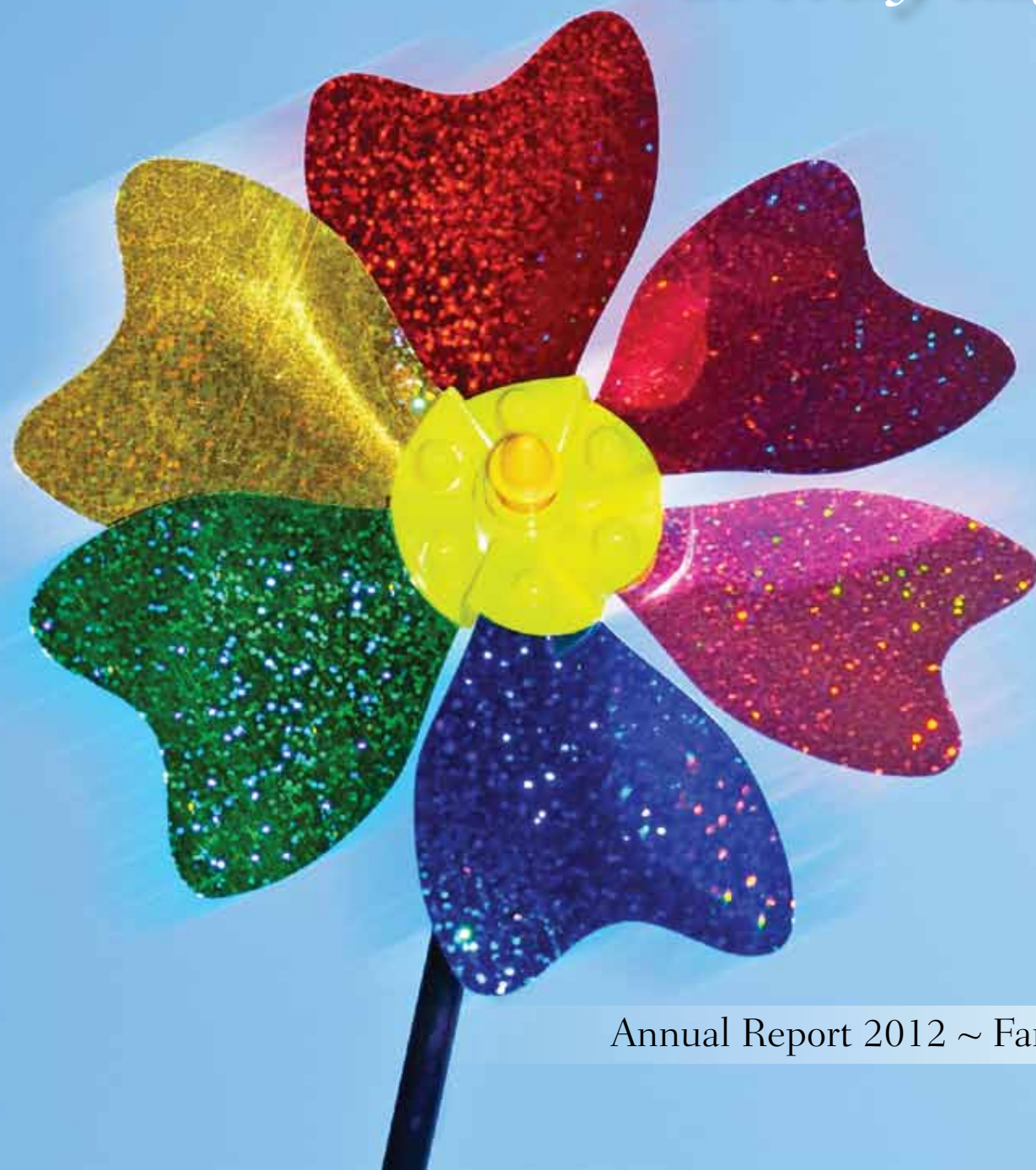


Family & Children's
SERVICE OF ITHACA
Where to turn...

at any age

at every stage of life



Annual Report 2012 ~ Family Matters

OUR MISSION

Family & Children's Service of Ithaca is dedicated to providing affordable, professional services that support children, families, and organizations in finding solutions to the challenges of life today.

OUR STAFF are dedicated, compassionate, professional people whose lives and careers are spent helping others and caring for those who turn to us in their time of need.

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Medical Director
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DAP Clinical Supervisor
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Contract Manager/Mental Health Consultant - Employee Assistance Program
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Senior Services Coordinator
Jessica Gosa, MSW (thru 12/2012)
Senior Services Coordinator
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Facilities Director
Steven Callan (thru 11/2012)
MIS Manager
Ray Durkin
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Patricia Cluett, LCSW-R
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Sue DeCotiis, LCSW-R
Erin Durkin, LMSW
Joshua Eberle, LMSW
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Celeste Froehlich, LMSW
David Frahm, PhD

Lauren Franklin, LCSW (thru 6/2012)
Chet Gates-Lupton, LCSW
Laura Gates-Lupton, MSW (thru 8/2012)
Flannery Hysjulien, LMSW
Amy Jacobs, LCSW
Robert Levine, MSW
Diana Levy, LMSW
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Maria Manna, MA, LMHC
Marisa Matsudaira, LMSW
Eileen Maxwell, LCSW-R
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Susan Shrog, LCSW-R
Sheila Stone, LCSW-R (thru 12/2012)
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Jacqueline Trembl, LCSW-R
Claudia Voss Lewenstein, LCSW-R
Laura Ward, LMFT (thru 5/2012)
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Auguste Duplan, MD
Syed Jaffery, MD (thru 7/2012)

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Sherri Ellis, MA
Heather Simpson, LMSW

YOUTH SERVICES/ DISPOSITIONAL ALTERNATIVES PROGRAM

Marisa Matsudaira, LMSW
Jessica Brown
Christopher MacNabb (thru 11/2012)
Zach Sims
Nancy Webster
Tammy Wheeler

SENIOR SERVICES

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Jessica Gosa, LMSW (thru 12/2012)
Margaret Page, LCAT (thru 8/2012)
Emily Bennetch (thru 5/2012)
Elfin Johanson (thru 11/2012)
Jennifer Oursler (thru 11/2012)
Megan Singleton (thru 11/2012)
Delia Yarrow

EMPLOYEE ASSISTANCE PROGRAM

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Edie Jodz

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Dorothy Lovelace (thru 9/2012)
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Susan Pakkala
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Sandy Lundy (thru 6/2012)
Virginia Metcalf (thru 8/2012)
Daphne Slater
Luke Somerville
Lindsey Yoder (thru 7/2012)

INTERNS/WORK STUDY

Derek Bannar
Brittan Binder
Vanessa Finisse
Erla Heyns
Deborah Lewis
Hannah Serlin
Chelsea Townley



Message from Board Chair, David Campbell

Dear F&CS Friends,

2012 was a significant year for Family and Children's Service of Ithaca (F&CS). For the first time since 1973, we started the year with a new leader, David Shapiro. David joined F&CS after a career in social services in New York City. He began his tenure as our Interim President and CEO and at the end of 2012, the Board moved him into that position on a permanent basis. David has already made valuable contributions to the agency and our community.

In the past year, F&CS has enhanced its role as a leader in providing quality mental health and family support services to our community. Most notably, we helped even more people last year, providing over 2,000 more hours of mental health counseling than we did in 2011. Our remarkable staff continue to demonstrate an unrelenting commitment to live our agency motto as "where to turn" for children and families in need in our community.

We also took steps to strengthen F&CS's long-term sustainability. We sold our Cayuga Street property, reduced our short-term liabilities and enhanced our billing system. These efforts improved the agency's bottom line and strengthened our financial position for the future.

In 2013 and beyond, we will build on these efforts. In the near future, we will begin a strategic planning initiative to chart our path forward, exploring opportunities for growth in our core areas of expertise, such as mental health, geriatric and youth services. We will also explore additional ways in which F&CS can be a strong partner with our community in addressing its most pressing social issues.

We are grateful for the support we have received from so many people over the past year and look forward to a year ahead in which we will continue to deliver on our promise to be "where to turn" for those most in need in our community.

Message from David Shapiro, President & CEO

Ask anyone what their definition of family is and they will most likely describe a group of people consisting of parents rearing children, and their next of kin. At Family & Children's Service of Ithaca (F&CS), we have a slightly different view of what it means to be a family. Our clients, who come from all walks of life, not only consist of parents and their children, aunts, uncles, and grandparents, but also single parents, foster families, students, widows/widowers, divorcees and childless couples.

In 2012, more than anything else, the staff at F&CS talked about the rising tide of struggles these clients were faced with everyday. They spoke of kids who were insecure and not quite sure how to fit in, struggling with mental illness, dealing with trauma, uncertainty and fear. They spoke of depressed teens, learning how to make decisions around sex, drugs, friends, and an increasingly isolated world behind their computer screens. Also students, filled with anxiety, trying to find the right path to their future. And adults, stressed about work, finances, their kids, their parents, their significant other, their own individuality, and the difficulty of finding of joy while balancing the needs of so many others.

These are the overwhelming circumstances that people in our community face everyday which highlights how pressing the need is for our mental health services. In 2012, we stretched ourselves thin and offered more hours of service to the community than we ever have in our agency's history. As a result, we saw more people and supported more families in need of our services. 2012 was a year of hard work and adjustment, but one in which we all felt committed to ensuring that our community received the support they needed.

I want to thank everyone who supported us with time, advocacy, and generosity during this past year. Your many contributions make it possible for us to offer our services at the highest quality to all types of families within our community. Your enthusiasm and confidence in our mission helps us to break through the stigma that many still feel is associated with seeking help. At a time when so many people are experiencing life's struggles, one thing we cannot afford is for stigma or misunderstanding to prevent people in need of mental health services from turning to us.



When one person gets help,
the entire family benefits.

Mental Health Services

OUR SERVICES INCLUDE

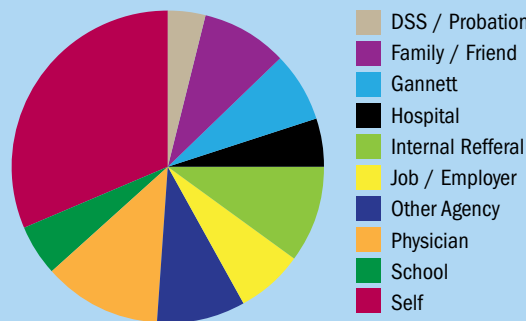
- Assessment and treatment planning
- Health screening and referral
- Mental health evaluation and therapy
- Psychiatric Evaluation
- Medication services
- Case management
- Crisis management
- Parent/child consultations
- Evaluations

In 2012, Family & Children’s Service of Ithaca’s (F&CS) outpatient mental health clinic provided service to over 1,500 clients equaling more than 25,000 hours of service. This figure represents the highest volume of service we’ve ever been able to provide to our community. Our service capacity increased from 2011 by more than 9%. Despite this increase in service hours, the actual number of individual clients we served saw only a modest increase of nearly 5%. This represents the challenging times that many of our families experienced in 2012. Often these challenges took a greater commitment from our clinicians to help these families overcome their hardships. However, in keeping with our model to support the entire family system, these 1,500 clients don’t just represent 1,500 people, they represent 1,500 families. Couples, parents, children, students, caregivers and care-receivers living not just in the city of Ithaca, but in the town of Ithaca, Tompkins County and in so many of our surrounding towns. Our services extend and the impact is felt in many of the communities we call home.

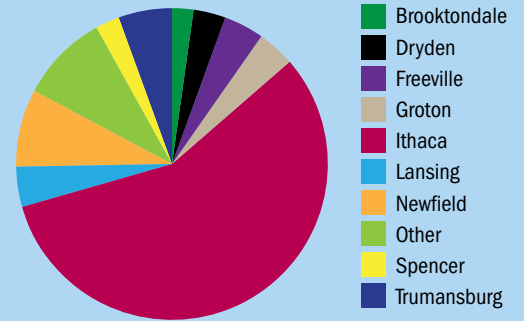
Mental health counseling and psychiatry services at F&CS are considered to be the highest quality, most affordable private mental health resources available in Tompkins County for children, youth, adults, and families. The goal of our program is to promote and strengthen our clients’ emotional health and social well-being, while fostering positive relationships that contribute to a more secure, stable, and productive life.

As a private outpatient mental health facility licensed by the New York State Office of Mental Health, our clinic employs trained and experienced mental health professionals who provide confidential and compassionate individual, couples, and family counseling using a variety of methods and modalities. We take pride in knowing that our services provide support to the whole community. Our services extend beyond the home life with families and children; we provide supportive assistance to students, employers and their employees, the wealthy and the disenfranchised. This is reflected in how we receive our referrals. People come to us through many sources who recognize that we are the most suitable place for their constituents to go to receive supportive mental health care.

Clients Served by Referral Source



Clients Served by Town



United Way of Tompkins County - generously provides more than \$150,000 annually in support of our Mental Health Services. Their support allows us to offer our services barrier free, ensuring that all those in need, regardless of their insurance or income level, are able to come to us for mental health services. We are tremendously grateful for their continued support.

All children deserve a happy,
healthy productive life.

Children's Mental Health

In 2012, the Children's Clinic provided mental health services to 553 children representing almost 36% of our total practice. This total number of children served represents an increase of almost 6% from 2011.

Our Children's Mental Health program offers a broad range of confidential, high-quality, affordable counseling, psychiatric, and crisis services to children under the age of eighteen. We have a special commitment to children and have been recognized by the New York State Office of Mental Health as a "model program" for our children's services.

Trained and experienced mental health professionals provide assessments, treatment planning, and counseling. Creative arts and play therapy are cornerstones of our therapeutic services for young children. F&CS is the only agency in our community that provides mental health services to children under age five and is the largest provider of such services to children under the age of eighteen.

In an effort to provide better coordination of service delivery and improved linkages between service providers, we maintain ongoing contact with many human service agencies, school personnel, and the legal community. We also provide psychiatric consultation, evaluation, and medication management by licensed psychiatrists and a nurse practitioner in conjunction with ongoing therapy.

OUR CLINICIANS HELP WITH ISSUES SUCH AS

Parent/child relationships

Behavioral challenges

Social and emotional development

School problems

Coping with a disability in a parent and/or child

Childhood trauma

Life transitions

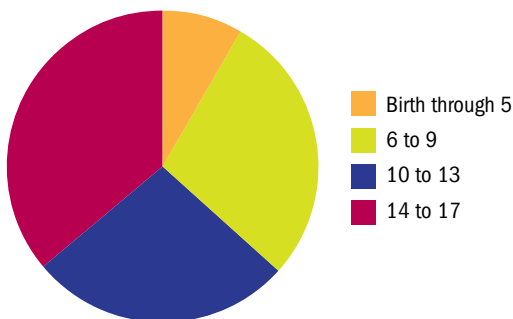
Attachment, separation, grief and loss

Separation and divorce; step-parenting and blended families

Stress, depression, and anxiety

Foster care and adoption

Clients Served by Age Group



In 2012, approximately 24% of our child and adolescent clients were seen for psychiatric services. This increased from 21% of child and adolescent clients seen in 2011.

To meet the unique needs of our young clients, we offer unique speciality services.

Children's Mental Health Services — Specialty Services

F&CS also has two award-winning children's mental health programs for children & families with special circumstances: The Zero to Five Project and Children's Crisis Outreach Program.

Zero to Five Project

The Zero to Five Project, in existence since 1995, offers comprehensive services to families with infants, toddlers, and preschoolers, including those considered to be at "high-risk" for developing social, emotional, or psychological problems.

Children's Crisis Outreach Program

The Children's Crisis Outreach Program, a four to six week crisis intervention and short-term, intensive counseling program, provides immediate mental health services for children (K-12th grade) and their families. Crisis clinicians work briefly but intensively to stabilize mental health functioning in order to prevent hospitalization or removal of the child from home or school.

The Children's Crisis Outreach Program and Zero to Five Project therapists: Maria Manna, Judy Clay, Claudia Lewenstein, and Eileen Yagoda.





When we understand the cause, we can begin to offer hope.

Psychiatry

In collaboration with Cayuga Medical Center, Dr. Auguste Duplan provides children's psychiatry at F&CS.

F&CS is committed to providing psychiatric services to all of our clients in need. We've been able to increase our capacity to serve children and adolescents through a community wide campaign to raise funds for children's psychiatry. We are now the largest provider of child psychiatry services in this community and are often the only place for people of limited means and/or insurance to turn to for psychiatric consultation. The agency's cost of providing psychiatry services is in excess of \$200,000 annually. Subsidies and insurance cover roughly half of this amount. Despite the cost we continue to make these services accessible to the children and adolescents of our community.

Psychiatric evaluations and care are an increasingly important part of addressing the growing demand for children's mental health care. Prescribing and monitoring medication for those children who would benefit from some of the new treatments for depression,

anxiety and other mental health problems is a complex and time-intensive process.

Many of the children we assist need to undergo a psychiatric evaluation. Evaluations can assist a client, either by establishing or eliminating a diagnosis, and also aid in the decision to determine if medication can enhance the treatment process. Evaluations include a thorough review of the case from the therapist and consultation with the client (and family if the client a child); this process looks at many issues and factors and creates a treatment plan. If medication is prescribed, monitoring and medication management are a crucial component of the psychiatric service.

The role of psychiatry in the mental health clinic is supportive and consultative and enhances the ongoing therapy the client receives. F&CS's psychiatric services strive to consider the client's physical health, social environment, and the emotional and psychological well-being of each individual.



Supporting,
mentoring and
guiding...helping
at-risk youth
succeed in life.

Youth Services

The Dispositional Alternatives Program (DAP) is a community-based, family centered program that provides comprehensive support services to youth ages 7– 18 who reside in Tompkins County and are at risk of out of home placement. At risk behaviors include: truancy, disruptive school behaviors, running away, incorrigibility at home, aggressive outbursts, domestic violence, indicated reports of child abuse or neglect, mental health problems, substance abuse, and criminal offenses.

DAP has been highly successful in large part due to our unique casework model that combines group learning and recreation with the many services highlighted below:

2012 Achievements

98% of the children served through DAP were successfully diverted from placement

95% of youth avoided further legal involvement post-graduation from the program.

81% of youth identified with academic performance issues experienced improvement in their grades, attendance and overall behavior

Individual and Family Goal Planning: DAP staff partner with youth and their parents in setting challenging but attainable goals in support of their emotional and behavioral development.

Advocacy: DAP assists families in navigating the many social service systems they and their children use. This could mean attending an IEP (Individualized Education Program) meeting at school or going to Family Court for a PINS (Person in Need of Supervision) violation. DAP caseworkers help parents' and youth's voices be heard in sometimes overwhelming circumstances.

Case Management: We help identify needs and help families connect to other agencies that provide services, such as individual or family therapy, domestic violence counseling, anger management classes, parenting classes, respite services, job skills and training.

Crisis Management: DAP caseworkers are available 24 hours a day through an on-call phone line to assist families and youth in crisis. Additionally, caseworkers routinely adjust their schedules to meet with families before 9 AM and after 5 PM, recognizing that families often need help outside of business hours.

Mentoring and Parent Guidance: Central to our effectiveness is the relationship we build with both the youth and his or her family. Time is spent to develop a trusting relationship in order to empower youth and their families to make better and healthier choices.

After Care: Youth and caregivers are invited to stay in touch with DAP after concluding the program. Families often call if they experience a crisis, are in need of a referral, or to report a success. DAP workers continue to make themselves available to advocate and encourage families after their involvement with us.

Providing supportive services to caregivers while enriching the lives of older adults.

Caregiver Services and Supports for Older Adults



Robert Levine, MSW
Senior Services Coordinator

F&CS provides an array of services geared towards supporting care givers of older adults. While offering services directly to the care givers, our services also enrich the lives of the older adults and help to stabilize their lives so they can live peacefully in their homes. We offer services in three different categories:

Respite services offer relief for caregivers who provide ongoing care for an individual who requires in-home supervision.

Caregiver Counseling offers ongoing education, supportive counseling, communication strategies, and mental health care options through Family & Children’s Services mental health clinic.

Geriatric Care Management offers a variety of client-centered, personalized and customized services to assist older adults and their families in meeting long-term care needs.

	2012			
	Respite	Caregiver Counseling	Geriatric Care	Total Senior Services
Total Clients Seen	31	57	9	97
Total Hours of Service Provided	1,890	172	42	2,104



We are fortunate to receive support from the **United Way of Tompkins County** of approximately \$25,000 annually to provide respite and care giver services.

Improving peoples lives
in their homes and at their jobs.

Employee Assistance Program

“With employers trending to meet more demands with less staff and resources and the challenges of constant change in the workplace, we saw a greater need for support reflected in the high volume of training requests we saw in 2012. Our most popular trainings were Supervising, Managing Stress and Change, and Building Resiliency.”

–Karen Fritz, EAP Contract Manager

The Employee Assistance Program (EAP) is a cost effective, confidential, early intervention system for employees and eligible family members contracted by participating area employers. EAP provides a variety of services designed to strengthen and preserve workplace quality and productivity. The program assists employees by addressing issues and challenges that affect their ability to function, either at the workplace or at home.

EAP is also committed to fostering a healthy workplace by providing consultations to managers regarding employee performance and behavior concerns at the workplace including critical incident stress management to address workplace traumas. Our EAP also provides services through workshops offered to our contracted employers and to the community at large.

2012 EAP HIGHLIGHTS

- Contracts with 58 local employers that provided supportive services covering more than 7,600 employees locally.
- Provided 36 total workshops and training events that supported more than 450 local employees and their professional development.

CURRENT CONTRACTS

Advion Biosciences	First Unitarian Church	Pall Trinity Micro Corp.
Alcohol & Drug Council of Tompkins County	Franziska Racker Centers	Planned Parenthood of the Southern Finger Lakes
Alternatives Federal Credit Union	Gadabout Transportation	Redmoon Caregivers
Better Housing for Tompkins County	Hi-Speed Checkweigher	Southern Tier AIDS Program
TST BOCES	Holt Architects	Stewart Howe Alumni Service
Boyce Thompson Institute	Human Services Coalition	Taitem Engineering
Cancer Resource Center of the Finger Lakes	Ithaca Community Childcare	TC3
Catholic Charities of Tompkins/Tioga	Ithaca Waldorf School	TC3 Faculty/Student Association
Cayuga Medical Center	JM Murray Center	Therm, Inc.
CBORD Group, Inc.	Kendal at Ithaca	Tompkins Community Action
CFCU Community Credit Union	Lansing Central School District	Tompkins County
City Of Ithaca	Lansing Instrument Corp.	Tompkins County Chamber of Commerce
Cornell Cooperative Extension	Lifelong	Tompkins County Public Library
Cortland Regional Medical Center	Madison Cortland ARC	Town of Ithaca
Dryden Mutual Insurance Company	McGraw House	Transonic Systems, Inc.
Evaporated Metal Films	Mental Health Association of Tompkins County	United Way of Tompkins County
Finger Lakes Fire & Casualty Company	Namaste Montessori	US Dept of Agriculture
Finger Lakes Library System	Newfield Central School District	Village of Dryden
First National Bank of Groton	Ongweoweh Corp.	



Thanking Those Whose Generosity Changes Lives...

Family & Children’s Service extends our heartfelt thanks to each and every one of the over 700 individuals, businesses & foundations who contributed in 2012!

Development

Throughout our more than 125 year history of dedicated service to individuals and families in our community, we have repeatedly asked ourselves, “What can we do to help?” And throughout our years of service, we have continued to answer that question by responding to the needs of those we serve.

To remain responsible to our legacy, our mission, and most importantly, our clients and community, we have also had to ask the question, “Who will pay for these needed services?” Although service contracts as well as private insurance and Medicaid provide us with a critical portion of our funding, it falls short of adequately reimbursing our full programmatic costs. Additionally, these fees for service will never be enough to sustain innovation and excellence in care, the hallmarks of Family & Children’s Service. These require additional resources to address emerging community needs, to hire, train and retain a professional staff, and to develop new programs based on best practices.

Throughout our agency’s history, our friends have continuously responded by generously contributing in support of our mission to provide high quality, affordable, professional services that support children, families, and organizations in finding challenges of life today. As we look ahead to the future, **we thank you, our current friends and supporters**, for making a difference in the lives of those who turn to us.

COMMITTEES

Development

- Anne DiGiacomo, Chair
- Jennifer Biloski
- Lisken Cordes
- Madeline Estill
- Brad Grainger
- Carolyn Neuman
- Beth Putnam
- Mo Reycroft
- Pam Swieringa
- Sandy True
- Jennifer Whittaker

Cayuga at Twilight

- Sandy True, Chair
- Laura Andolina
- Connie Colbert
- Madeline Estill
- Elsa Hyde
- Jill Johnson
- Lisa McCutcheon
- Vera Mclafferty
- Carolyn Neuman
- Donna Prybyl
- Mo Reycroft
- Julie Uhlig
- Bryan Warren
- Cynthia Wild

FesTOYval

- Jennifer Biloski
- Laurie Chadwick
- Whitney Dennis
- Madeline Estill
- Beth Putnam
- Mo Reycroft
- Jessica Ryan
- Sandy True
- Rachel Vervalin

The Ruth R. Pettengill Society

The Pettengill Society, named in honor of former Executive Director Ruth Pettengill who served the agency from 1959 to 1972, was established to recognize those individuals who have remembered or made arrangements to remember Family & Children's Service of Ithaca in their estate plans with a legacy gift. Such gifts can be made through bequests, charitable remainder trusts, life insurance policies, pensions and other estate planning methods.

- | | |
|--------------------------------|-------------------------------|
| Edward Abelson | James T. & Alphalena MacBain* |
| Elizabeth Atwater* | Ella MacKeegan* |
| George M. Bartlett* | Anna G. MacNair* |
| Joan R. Beeler* | Elbert Masters* |
| Knight Biggerstaff* | Betty M. Moore |
| Bertha B. Brown* | Anthony F. Parise |
| Anna H. Bishop* | Nina T. Pattin* |
| Ai J. Brown* | Lucy S. Pease* |
| Isabelle Burnett* | Ruth R. Pettengill* |
| Jack Bonsall* | Cornelia Preswick* |
| Elizabeth Corrigan* | G. Pritchard* |
| Jessie M. Dean* | Frances A. Ramin* |
| Minnie Clark Dennis* | Helen Searle* |
| Donald & Sylvia Dickinson | Frank D. Snyder* |
| Edith A. Ellis* | Ceil Spero |
| James E. Emmons* | Carla Sutherland |
| Carolyn C. Farrow* | Sidney L. Tamarin* |
| John* & Martha Ferger | Dora F. Teed* |
| Megan B. Fraser* | Anna Tillotson* |
| William F. Fuerst, Jr.* | Jeffrey B. True |
| Grace Hanford* | Peter Walsh |
| Florence F. Head* | Moses J. Watkins* |
| Mary J. Hull* | Edwin Woodruff* |
| James G. Johnston & Linda Mack | Agnes Gainey Williams* |
| Lee C. Lee* | John Young* |

*Deceased

FOR MORE INFORMATION ON THE RUTH PETTENGILL SOCIETY, OR TO NOTIFY F&CS OF YOUR INTENTION TO REMEMBER US, PLEASE CONTACT THE DEVELOPMENT OFFICE AT 607-273-7494.

Corporate Support: Family Partner Program

FAMILY PARTNERS are businesses and key employers who have made a special commitment to the mission of Family & Children's Service. Corporate support allows us to advance many of our key programs, especially for Children's Mental Health, but also allows us to offer our sliding fee scale for our services.

FAMILY PARTNERS 2012

\$10,000+

- BorgWarner Morse TEC Community Foundation
- Cornell University+
- Emerson Power Transmission+
- Incodema+
- Tauck World Discovery
- United Way of Tompkins County

\$5,000 - \$9,999

- CFCU Community Credit Union
- Kionix
- Warren Real Estate of Ithaca, Inc.

\$1,000 - \$4,999

- Anonymous
- Boatyard Grill
- Chemung Canal Trust Company
- Country Club of Ithaca
- Dryden Mutual Insurance
- Heights Café and Grill
- Ithaca Journal
- Merrill Lynch of Ithaca
- Morgan Stanley Smith Barney, Inc.
- Northstar House
- Serendipity Catering
- Taverna Banfi
- Tompkins Trust Company
- TOPS Markets
- True Insurance

+All or part of gift received in 2012 was allocated towards the "Opening New Doors" Capital Campaign

\$500 - \$999

- Arnold Printing Corp.
- Bacchus Brewing Company
- Bool's Flower Shop
- Dr. Konstantin Frank Vinifera Wine Cellars
- Flower Fashions by Haring
- Hermann J. Wiemer Vineyard
- Ithaca Airline Limousine
- Ithaca Flower Shop
- King Ferry Winery/Treleaven
- Michaleen's Florist and Garden Center
- Plenty of Posies
- Purity Ice Cream
- Red Newt Cellars
- Sheldrake Point Winery
- Taughannock Farms
- Triphammer Wines & Spirits
- Westhill Graphics

\$250 - \$499

- Dennie's Manufacturing

\$100-\$249

- Linz Real Estate
- LOT 10 Kitchen & Lounge

FOR MORE INFORMATION ON THE FAMILY PARTNER PROGRAM PLEASE CONTACT THE DEVELOPMENT OFFICE AT 607-273-7494.

2012 Donor List

Family & Children's Service of Ithaca is fortunate to have the support of over 700 donors comprised of individuals, businesses and foundations whose generosity allows for us to continue providing critical mental health, youth, and senior services to our community. We are truly grateful for the unrestricted support we receive, as well as contributions for specific needs such as child psychiatry, support for the uninsured, sliding fee scales for those with limited means and children's mental health. Our important work would not be possible without the support and unwavering commitment of our donors & friends.

THANK YOU!!!

The 2012 Donor List reflects gifts that were received in 2012.

\$10,000+

Anonymous
BorgWarner Morse TEC
Brooks Family Foundation
Cornell University+
Emerson Power Transmission+
Incodema+
Park Foundation, Inc.
Marilynn & Lou Reycroft+
United Way of Tompkins County

\$5,000-\$9,999

Anonymous+
CFCU Community Credit Union
Community Foundation of Tompkins
County
Laura Day+**
Kionix
Arthur Kuckes & Martha Wright
Pamela & Robert Swieringa
Warren Real Estate of Ithaca, Inc.

\$2,500-\$4,999

Anonymous
James & Terry Byrnes+
Anne DiGiacomo+
Sam & Vera McLafferty
Jeanette Miller
Eugene & Jeanne Yarussi

\$1,000-\$2,499

Anonymous (2)
Ron & Brenda Bricker
Peter & Ursula Browning
Chemung Canal Trust
Tom & Loren Colbert+
James & Liskin Cordes
Nellie Corson
Dryden Mutual Insurance
Lou Duesing & Laura Toy
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+ All or part of gift designated for Opening New Doors Capital Campaign in 2012

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** All or part of gift made through United Way designation

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Up to \$99

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 Lewis Schaaneman, Jr. Foundation, Inc.
 Marvin and Annette Lee Foundation
 M&T Charitable Foundation
 Park Foundation, Inc.
 Sustainable Tompkins
 The Legacy Foundation of Tompkins County
 The United Way of Tompkins County

The Spero Family Fund for Child Psychiatry

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 Benjamin Deitchman

Helen Searle Fund

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 John & Doreen Rudan

James G. Johnston Fund for the Uninsured

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 Sue DeCotiis
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 United Way of Tompkins County
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In memory of Charles Brodhead
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In memory of Dale Corson
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In memory of Patricia Kelly
 Margaret Palmer

In memory of Sandy Lundy
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 John & Carol Vineyard

In memory of Beverly J. Martin
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In memory of Cheryl "Suki" Miller
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In memory of Sheila Schachere
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 Djahane Salehabadi
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Ithaca Agway
Ithaca Bakery
Donna Lodge
North Spencer Christian Academy
Jessica & Joe Ryan
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Janice Streb
Sandy True
Lindsey Yoder

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Aladdin's Natural Eatery
Applebee's Neighborhood Grill & Bar
Autumn Leaves Books
BJ's Wholesale
Blue Stone Bar & Grill
Bool's Flower Shop
Cornell Laundry & Cleaning
Cornell Plantations
Dolce Delight
Garcia's
Gimme Coffe
Glenwood Pines Restaurant
GreenStar Cooperative Market
Hangar Theatre
Helen Newman Bowling Lanes
Innovations Aveda Salon & Boutique
Italian Carry Out
Ithaca Bakery

Ithaca Coffee Company
Ithaca College Dining
Jillian's Drawers
Lansing Market
Lucatelli's Ristorante
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Moe's
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Painted Bar Stables
Panera Bread
Papa John's Pizza
Pudgie's Pizza
Ramada Inn
Regis Hair Salon
Sciencenter
Shortstop Deli
Target Stores
Taste of Thai
Taste of Thai Express
The Bon-Ton Department Store
TOPS Markets
Trumansburg Shursave
T-Shirt Express
Viva Taqueira
Wegmans Food Markets

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Flower Fashions by Haring
Sally Gates
Hangar Theatre
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Hoopla Buttons
Island Health & Fitness
Ithaca Coffee Company
Ithaca Garden Club
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The Rink
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Thirty-One
True Insurance
Trumansburg Golf Course
Uncle Joe's
Viva Taqueria
Waffle Frolic
Westhill Graphics
Paul Wheeler
Willowbrook Golf Course
ZaZa's Cucina

Financial Statement

	2012	2011*
ASSETS		
CASH	280,801	153,190
INVESTMENTS	169,956	151,593
ACCOUNTS RECEIVABLE - Net	396,580	28,820
PREPAID EXPENSES	21,076	8,850
LAND	393,000	408,000
BUILDING & IMPROVEMENTS	3,652,550	4,049,488
FURNITURE & EQUIPMENT	486,226	484,456
DEPRECIATION	(851,968)	(1,101,012)
DEFERRED LOAN COSTS	106,215	111,504
PLEDGES DUE	34,674	97,667
CASH VALUE - CHARITABLE LIFE	45,203	45,203
TOTAL ASSETS	4,734,312	4,837,759
LIABILITIES & NET ASSETS		
NOTES PAYABLE	—	71,127
CURRENT PORTION OF LONG TERM DEBT	56,384	73,598
ACCOUNTS PAYABLE	17,055	112,155
ACCRUED EXPENSES & WITHHOLDINGS	59,135	157,184
CONTRACT ADVANCES	14,605	22,585
LONG TERM DEBT	2,275,134	2,351,107
ACCRUED WORK COMP ASSESSMENT	180,000	180,000
FUND BALANCE	2,131,999	1,870,000
TOTAL LIABILITIES & NET ASSETS	4,734,312	4,837,756
REVENUES		
GOVERNMENT AGENCIES	412,954	411,170
MEDICAID	252,603	349,644
PROGRAM FEES	2,049,107	1,788,754
UNITED WAY OF TOMPKINS COUNTY	159,511	178,214
CONTRIBUTIONS	263,457	498,676
INTEREST & INVESTMENTS	18,434	22,484
MISCELLANEOUS	230,994	170,928
GAIN ON SALE OF PROPERTY	231,355	—
TOTAL REVENUE	3,618,414	3,419,870
EXPENSE		
PROGRAM SERVICES	2,864,742	2,665,191
SUPPORTING SERVICES	491,672	751,672
INCREASE/(DECREASE) IN NET ASSETS	262,000	3,007
EXPENSES BY PROGRAM		
COUNSELING	2,455,451	2,277,911
SENIOR SERVICES	142,477	129,115
YOUTH SERVICES	266,815	258,165
DEVELOPMENT/PUBLIC RELATIONS	222,425	197,928
MANAGEMENT & GENERAL	269,247	553,744
TOTAL	3,356,414	3,416,863

*Audited Figures

Your Gift Makes a Difference...

When you choose to support Family & Children's Service, you help us provide our community with critical mental health, youth and senior services.

GIVING OPPORTUNITIES

Annual Fund

Contributions to the Annual Fund are un-restricted and allow Family & Children's Service to respond to the current and on-going needs of those we serve.

Children's Comprehensive Care Fund

This fund addresses the growing and pressing need to provide quality, comprehensive mental health care for children. This restricted portion of our Annual Fund ensures that children receive the full range of care they need to thrive, including additional consultations with significant adults in their lives that are otherwise not covered by insurance companies. This on-going portion of our Annual Fund will ensure that care will be optimized for our most vulnerable community members.

The Spero Family Fund for Child Psychiatry

Established in 2004, this fund allows children who are experiencing significant mental health challenges to receive child psychiatry services. These services include psychiatric evaluations and medication management by a professional Child Psychiatrist at Family & Children's Service. Jim and Ceil Spero, who helped to establish this fund in 2004, believe passionately in providing quality psychiatric care for families who need it most.

The James G. Johnston Fund for the Uninsured

Created in 2002 the James G. Johnston fund ensures that Family & Children's Service can continue to honor our commitment to serve all those who seek mental health services regardless of their insurance coverage. This fund was named in honor of President & CEO, James Johnston in honor of his 30th anniversary at Family & Children's Service.

thank you!

*Together we can
transform lives...*

Helen Searle Fund

This fund supports a sliding-fee-scale for our Senior Services program including Respite, Caregiver Counseling and Geriatric Care Management. Shayle Searle established the Helen Searle Fund in 1996 in memory of his wife, Helen, a former board president and long time supporter of Family & Children's Service.

Memorials & Honorariums

Family & Children's Service welcomes gifts made in honor and/or in memory of an individual. Gifts designated in this fashion will be recognized in our Annual Report.

FOR MORE INFORMATION ON
MAKING A DONATION TO FAMILY
& CHILDREN'S SERVICE OF ITHACA,
CALL THE DEVELOPMENT OFFICE AT
607-273-7494. YOU CAN ALSO MAKE
GIFTS ON-LINE BY VISITING US AT
WWW.WHERETOTURNITHACA.ORG.



Family Matters

We all have different family portraits. At *Family & Children's Service of Ithaca*, it's not how your family looks when they enter our doors, but how they *feel* when they leave, that matters most.



CONTRIBUTORS
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Edie Jodz
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